

# Meet the GU Coaches

# Coach James

Birthday: 09/28



## About Coach James

As the owner of Gymnastics Unlimited it has been my honor and privilege to work with the children and families of the Columbus area for the last 40 years. My love of teaching started while pursuing a Bachelor's degree in education at Auburn University (War Eagle). I taught recreational gymnastics and spent two years as an assistant coach to the Auburn Women's Gymnastics team during my time in Auburn. I look forward to working with children for many more years! Teaching the sport of gymnastics

## Favorites

My most enjoyable and favorite activity is any thing with my lovely wife, Stephanie.

## Hobbies

I have many hobbies that I enjoy some of which are white water rafting, motorcycles, shooting sports, biking, rock climbing, kayaking, hiking, and snowboarding.