

# Meet the GU Coaches

# Coach Harrington

Birthday: 09/23



## About Coach Harrington

I was a competitive gymnast forever spending much of my career at GU. I competed at Rutgers University but had to medically retire after my freshman year. I coached at GU while completing my marketing degree, then again while I completed my nursing degree. My full time job is a registered nurse and I'm certified in pediatric trauma and emergency medicine. I moved to Texas in 2016 where I met the love of my life, Neal. We moved to Phenix City in 2022 after we had our daughter, Finleigh, so we could be closer to family. I love gymnastics so coaching is a way for me to share my passion!

## Favorites

**Sports Teams:** Alabama Crimson Tide, Chicago Cubs

**Treats:** Tacos

**Drinks:** Iced SF blond vanilla latte

**Places to Vacation:** The Beach!

## Hobbies

- Spending time with my family
- Crossfit
- Playing with Fitz (our english cream golden retriever) and Merida (our cane corso)
- Watching sports