Meet the GU Coaches Coach Champion Birthday: 11/17



About Coach Champion

I have been coaching at GU since 1997. I graduated from Columbus State University with a Bachelor's Degree in Exercise Science. I'm married and have a 9 year old son, that you will probably see running around the gym!

Favorites

Sports Teams: Atlanta Braves & Atlanta Falcons Treats: Twizzlers Drinks: Coffee & Cherry Coke Places to Vacation: Snowboarding and the beach

Hobbies

- Watching my son play baseball or any other sport
- Playing tennis
- Working out
- Spending time with friends & family