

Meet the GU Coaches

Coach Owens

Birthday: 10/01



About Coach Owens

I'm originally from Viera, FL but I moved to Columbus when I was 3 years old. I started gymnastics when I was 5 years old and joined the competition team when I was 8 years old! I continued to compete until I was 11 and decided to retire to explore other sports and opportunities. Throughout my youth I also ran track, played soccer, basketball, flag football, and did muay-thai & jiu-jitsu! I'm currently a student at CSU majoring in Kinesiology with hopes to become a PT or PA.

Favorites

Sports Teams: GA Bulldogs, ATL Braves

Treats: Cookies, Gummy bears

Drinks: Sweet tea, Coke, Iced Chai

Places to Vacation: PCB, Colorado

Hobbies

I enjoy playing guitar, running, kickboxing, and reading when I have free time! I also love to watch new TV series.